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University Awards in Mental Health

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Rationale

- High incidence of mental health problems in society
- Many jobs include contact with others
- Life revolves around our relationship and communication with other people
- Raising awareness and understanding generally increases acceptance and inclusion

inclusion to increase inclusion

- Important to offer the widest possible access – no entry criteria
- Necessary to offer choices to meet the needs of as many people as possible
- Flexibility was crucial
- Offering high levels of support
- Ensuring positive experience of education and increase in confidence and ability

60 credit Awards

- **University Certificate in Mental Health – level 1**
- **University Diploma in Mental Health – level 2**
- **University Advanced Diploma in Mental Health – level 3**

Who are the awards for?

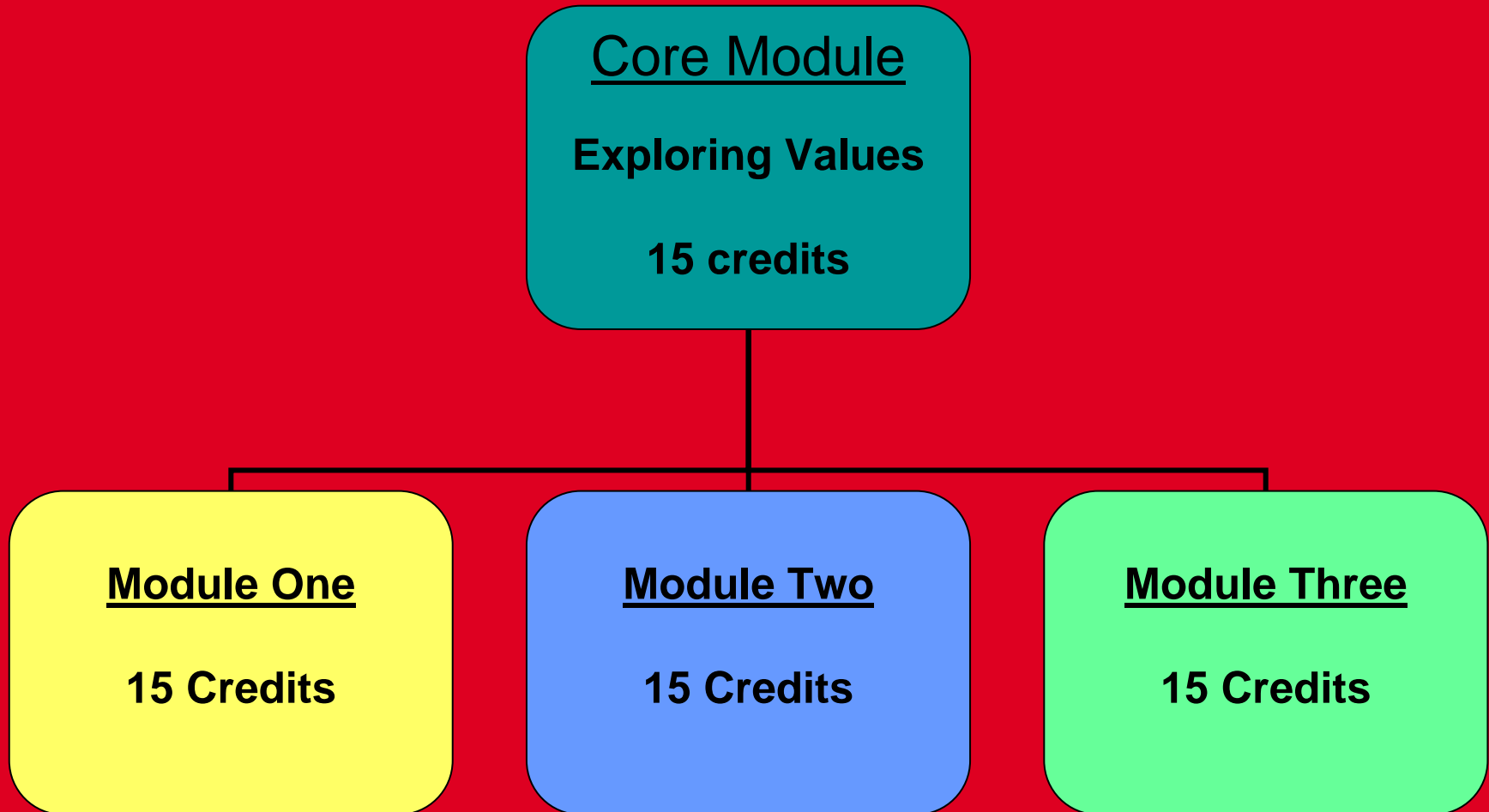
- Anyone with an interest in mental health
- May help some get into work
- May help with current work
- May help gain promotion
- May help access other HE courses
- May be therapeutic

and who has been attending?

How is the Award Structured?



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Core Module – Exploring Values

- **Two options:**
 - 1 x Evening + 1 Block Week
 - 1 x Evening + 2 Weekends
- **Topics Covered:**
 - Values Based Approaches
 - People in Society and Social Roles
 - Social Influences
 - Devaluation
 - Anti-discriminatory and Anti-oppressive Practice
 - Culture
 - Social Role Valorisation
- **Assessment:**
 - A VIVA weighted at 100%.

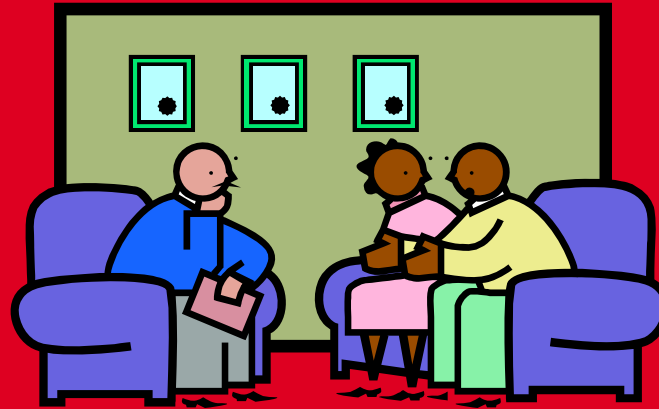
Option modules

- From current CPD schedule
- Existing modules that have been amended
- Existing modules expanded to include more levels
- New modules developed for the awards, but will be offered in other awards
- Focus on mental health
- New modules added as options as developed
- Can include one non mental health module
- Possible to gain 2 awards
- Foundation degree later

Mental Health



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- What are the opportunities following completion of the Award?



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Questions

